



THE CITY OF MONTEREY

FOR IMMEDIATE RELEASE

DATE: February 9, 2022

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FREE, FAMILY FUN NIGHT AT THE MONTEREY SPORTS CENTER **Friday, February 18, 2022 from 3:00 PM to 8:00 PM**

Monterey, CA. – Monterey Peninsula families and friends are invited to experience all the premier fitness facility on the central coast has to offer, all at no charge. Bring family and friends, Friday, February 18, 2022 from 3:00 to 8:00 p.m. and enjoy:

- Recreational Swimming, 3:00 to 7:30 p.m. (*Children 5 years and under must be directly supervised by an adult in the water 18 years or older.*)
- WIBIT Aqua Obstacle Course, 4:00 to 7:00 p.m. ([*see photo of the WIBIT on the flyer*](#))
- Body Composition Analysis, 4:00 to 6:00 p.m.
- Corn Hole Competition, 5:00 p.m.
- Zumba Class, 5:15 to 6:00 p.m.
- Hot Shot Basketball Competition, 6:00 p.m.
- Games and prizes!

“This is a great opportunity to get out for a unique, energizing evening with your family and friends and experience the Monterey Sports Center,” said Monterey Sports Center Manager, Dr. Andrea Willer. “We have something for everyone and every age, so don’t miss it!”

Pandemic protocols will be in place for the safety of everyone.

(more)

About the Monterey Sports Center

Operated by the City of Monterey, the award-winning Monterey Sports Center is the premier fitness facility on the Monterey Peninsula. Featuring cardio room, strength training room, gymnasium, over 50 group exercise classes per week, two group exercise studios, two indoor swimming pools, and locker rooms, the Monterey Sports Center is the place for adults, children, seniors, and people of all ages to be physically and mentally active.

FREE! **Family Fun Night**
at the
MONTEREY SPORTS CENTER
Friday, February 18, 3 to 8 pm

Recreational Swimming
3 to 7:30 pm

WIBIT Aqua Obstacle Course
4 to 7:00 pm

Body Composition Analysis
4 to 6:00 pm

Corn Hole Competition
5:00 pm

Zumba Class
5:15 to 6:00 pm

Hot Shot Basketball Competition
6:00 pm

MEMBERSHIPS FOR 13+ INCLUDE: No initiation fee and all-inclusive use of cardio equipment, weight rooms, pools, over 50 group exercise classes per week, and more!

VOTED BEST HEALTH CLUB IN MONTEREY COUNTY 2014 - 2021! '21

Bring your friends and family and experience what Monterey's premier fitness facility has to offer!

Monterey Sports Center
301 E. Franklin Street
(831) 646-3730
montereysportscenter.org

<https://monterey.org/News/MSC-Family-Fun-Night-Feb2022.png>

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